

## Help and advice



**Dr Paul Lemon on specifying floors to prevent slips and falls**

IN THIS, the fourth of a series of **CFJ** articles, I will explain a selection of existing Standards used to classify floor slipperiness, along with the development of HSL's new standard 'lab-based' test method.

As discussed in last month's **CFJ**, the Health & Safety Laboratory routinely assesses floor slipperiness using the 'Pendulum Test'. However, as HSL are responsible for providing a number of services to the Health and Safety Executive (HSE), (from structured scientific research through to on-site forensic testing following slip accidents), we use a number of different slipperiness test methods to suit the circumstances.

This article clarifies why certain test methods are used for particular situations, and describes how HSL's test protocols are influenced by current Standards. We will also explain other Standards that HSL don't use, and explain why their use could lead to confusion.

In an ideal world, a single, perfect method to test the slipperiness of flooring materials would be available which could be used in all circumstances. Unfortunately, as we've discussed previously in **CFJ**, no slipperiness test is perfect.

The pendulum can be very good indeed if used correctly (in line with BS 7976-2); this is why HSL use it as the basis of our formal on-site slipperiness assessments, including those undertaken to support HSE enforcement.

There are however, circumstances where other tests are more appropriate. For example, we've just begun our largest ever research project to investigate aspects of floor slipperiness. For research such as this, we often use large, ramp-based techniques in preference to the pendulum. Ramp tests are not only ideal for studying floor slipperiness in controlled, laboratory conditions, but also to take into account the effects of different footwear. Such a test method has been developed by HSL, known (perhaps unsurprisingly) as the 'HSL ramp test'.

The HSL ramp test is loosely based on an existing test method used in German National Standards (DIN Standards, as discussed below). The modified test requires trained test subjects, wearing a harness, to repeatedly walk (in a very controlled way) up and down large floor samples fixed in a test rig.

The floor is then inclined by a

## Testing floor slipperiness:

degree or so, and the operator walks over the floor again. This is repeated gradually until the operator slips; the angle at which this occurs is recorded by an observer.

A simple calculation allows the angle that the slip occurs to be converted to a coefficient of friction, which is a direct indicator of the floor's slipperiness, and is closely related to the value measured by the pendulum. The acceptance of the HSL ramp test is growing rapidly throughout the UK and Europe. It has already been incorporated into BS4592-0 (Industrial type flooring and stair treads) and is recognised by the UK Slip Resistance Group.

We are often asked why it was necessary to modify the existing German Standard tests; after all, the Germans have been using these tests for years. There are two reasons. The first is that the test subjects used in the German tests are, to an extent, permitted to move in an uncontrolled way.

The rate of movement and the walking style are not controlled, and this can lead to inaccurate results. The HSL ramp test controls all of these factors, and more. As a result, the accuracy of the test is thought to be better than the German standards; this has been supported by a programme of inter-laboratory testing across Europe involving HSL. The second reason is that the two German standards deal with very specific circumstances.

The two German standards in question are known as DIN 51097 and DIN 51130. The first of these, DIN 51097, covers the slipperiness of floors used in barefoot conditions under contamination with soapy water. As such, the results could relate very well to floors used in shower areas or wet rooms, but are difficult to relate to other areas. It is difficult to relate the slipperiness experienced by a barefoot pedestrian to that experienced by a pedestrian wearing shoes.

The relationship becomes even more difficult when soapy water is used, as the presence of soap can



(obviously) make floors more slippery. The second standard, DIN 51130, concerns the slipperiness of floors used in industrial areas, heavily contaminated with motor oil.

Test subjects wear heavy industrial safety footwear. Again, the results from this standard test could relate very well to floors in specific situations; in this instance, floors such as those in garages or workshops.

In other situations (i.e. anywhere other than shower rooms or garages!), the information given by the standard DIN tests can be quite unrealistic. It would be extremely difficult, for instance, to specify a floor surface for use in a hospital corridor based on a test method which uses motor oil and safety boots. Equally, it would be a challenge to specify a floor for use in a shopping centre based on a test which used soapy water and barefoot pedestrians. Yet floors in such areas, and thousands of other areas, are regularly specified using the DIN standards.

The HSL ramp test uses clean water as contaminant, and footwear soled with a standardised material known as 'Four-S' Rubber (which stands for Standard Simulated Shoe Sole). This material was originally developed to represent an average piece of footwear, and becomes quite slippery when used

on smooth, wet floors, as you would expect. The use of this soiling material in clean, wet conditions allows the results produced by the HSL ramp test to be representative of a wide range of real situations, such as the hospital corridor or the shopping centre mentioned above.

So, when considering the slipperiness of floor surface materials, look critically at the data provided. If the data is produced to the DIN Standards, then ask yourself whether the tests are representative of the situation your floor will be used in. The standard HSL ramp test can tell you how it will perform in more representative situations, or can even be customised to suit your exact needs.

The points discussed above are considered in more detail in an HSE Information sheet for free download from the website:

[www.hse.gov.uk/pubns/web/slips01.pdf](http://www.hse.gov.uk/pubns/web/slips01.pdf)

'Assessing the Slip Resistance of Flooring' looks at the advantages and disadvantages of a range of standard ramp tests, and other, portable tests (such as the pendulum) to classify flooring performance.

To summarise, classifying the slipperiness of a floor material can be complex, and this is complicated further by the number of test methods available which simply aren't representative of normal, real situations. If in doubt ... ask an expert!

The next in this series of **CFJ** articles will discuss the potentially massive effect that polishes, sealants and other finishes can have on floor slipperiness. **CFJ**

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